



Microsurgical Root Canal Therapy

Post-Op Instructions for Root Canal Therapy and Retreatment

Please do not eat for **1 hour**, this will allow your *temporary* filling to set.
You may however, drink any cold liquids.

After your temporary filling is completely set, please do not crunch on:

- Ice
- Any hard candy
- Popcorn or anything that can crack a tooth.

You need to contact your general dentist **as soon as possible** to be seen within **2-4 weeks** for a permanent restoration. Failure to do so may result in having the root canal done again.

You may be given the following medication to help with your discomfort for the next few days:

- **Ibuprofen** (Motrin 800mg)
 - Taking ibuprofen will help minimize pain and swelling after the procedure
- **Narcotic** (Vicoden or Percocet)
 - Take this if the discomfort is affecting your sleep.
 - *Note: Do not take this and operate a car or any heavy machinery because it will make you drowsy.*
- **Antibiotics** (Pen VK or Clindamycin)
 - Start taking this prescription if you start to experience swelling and/or pain.

Inflammation

Inflammation usually starts 24-48 hours after the procedure. The intensity of the discomfort may gradually increase and peak on the 4th day and slowly taper off. Although each individual may react differently, it is not abnormal to have sensitivity to touch and bite for 7-10 days following the procedure.

You should contact us if:

- Persistent swelling not tapering off after 4 days
- Persistent pain not tapering off after 7-10 days.
- Temporary filling falls out.

Note: If hot and cold is bothering you, there may be another tooth that will need treatment.

Emergency Contact: 407-494-ENDO(3636)